



**SAILING INSTRUCTIONS**  
for  
**2016 SUNSTROKE SERIES**  
*Thursday May 5<sup>th</sup> through August 25<sup>th</sup>, 2016*



**South Coast Corinthian Yacht Club**  
13445 Mindanao Way, Marina del Rey CA 90292

<http://www.sccyc.org>

Presented by

**D.I.S.C. Sports and Spine Center**



**GENERAL INFORMATION**

Series Chairman: John Richardson | Phone: 323-422-5921 | Email: [Jrplatinum@gmail.com](mailto:Jrplatinum@gmail.com)  
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**1. RULES**

- 1.1 This series will be governed by the rules as defined in the 2013-2016 Racing Rules of Sailing (RRS).
- 1.2 The Organizing Authority (OA) is SCCYC.
- 1.3 Each entrant must meet the eligibility, entry and fee requirements as outlined in the Notice of Race (NOR).
- 1.4 RRS 82 will not apply.
- 1.5 Competitors shall not intentionally discharge waste material into the waters of Marina del Rey Harbor.

**2. NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the bulletin board at the bottom of the stairs at the SCCYC clubhouse. The Race Committee (RC) may make verbal notices while on the water.

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the Sailing Instructions (SI) will be posted by 1600 hours on the day it will take effect. One exception, any change to the schedule of races will be posted by 1900 hours on the Thursday before it will take effect.

**4. SCHEDULE**

- 4.1 The Starting Signal will be at 1800 hours for the first race each evening with five (5) races scheduled. The RC, at its discretion, may run fewer races.

**5. CLASSES / CLASS FLAGS**

- 5.1 Classes have been established for Lido 14 and Coronado 15. Other dinghy classes desiring a start must contact the Series Chairman in advance. Classes need a minimum of three (3) entries to be established.
- 5.2 Class flags are designated as follows: Coronado 15 - C15 insignia; Lido 14 – L14 insignia. Class flags for other classes will be announced on the water by the RC.
- 5.3 The order of starts will be announced on the water by the RC (See SI 7).
- 5.4 Classes may be started together. If started together, they will be scored separately.

**6. RACING AREA**

- 6.1 Racing will be inside Marina del Rey Harbor between the "No Sail" lanes of the entrance channel with Mark L set in the proximity of the UCLA boat dock.

**7. COURSES**

- 7.1 See the South Coast Corinthian Yacht Club 2016 Sunstroke Series Course Chart.
- 7.2 The RC will signal the class starting and the course for that class at the Preparatory Signal either by displaying such information on the RC Boat or by hailing. This changes RRS 27.1.

7.3 Competitors may not sail in the area between the two lines of "No Sail" buoys and their respective jetties. The line between any two adjacent "No Sail" buoys is considered a continuing obstruction for the purpose of safety. A "two turns" penalty will apply to any competitor who breaks SI 7.3. This restriction applies at all times, not just while racing.

**8. MARKS**

8.1 Marks R1, R2, W, and L will be round red marks. Mark M will be red, yellow, or orange.

**9. THE START**

9.1 The Sound-Signal Starting System of RRS Appendix S will be used, except there will be no Warning Signal and the Starting Signal of one class will be the Preparatory Signal for the next.

9.2 The starting line will be between a staff displaying an orange flag at the port end of the line (mark S) and an orange flag on the race committee boat at the starboard end of the line (mark F).

9.3 A boat starting more than two (2) minutes after her Starting Signal will be scored DNS. This changes RRS 63.1 and A5.

**10. RECALLS**

10.1 The RC will attempt to hail the sail numbers of OCS boats after the starting signal. This changes rule 29.1.

10.2 The failure of any boat to hear the hail, promptness of the hail, failure to hail, or the order of boats hailed shall not be grounds for redress. This changes RRS 62.1.

**11. THE FINISH**

11.1 The finishing line will be between Mark S at one end and Mark F at the other end.

**12. PROTESTS**

12.1 Protests shall be filed with the RC within thirty (30) minutes after the RC boat has docked. Protest forms will be available at SCCYC.

12.2 Protests will be heard in approximately the order of receipt as soon as possible but, at the discretion of the RC, may be heard at another date convenient to all parties to the protest.

**13. SCORING**

13.1 Each evening's races will be scored as provided in RRS Appendix A using the Low Point System except that all scores will count and RRS A9 will apply with the following modification: a boat that did not come to the starting area shall be scored points for the finishing place two more than the number of boats that came to the starting area.

13.2 This series will be scored as provided in Appendix A of the RRS using the Low Point System, counting each boat's final standing from each evening as a single score, excluding her worst three final standings.

13.3 Overall standings will be calculated by taking each boat's weekly score and dividing it by the number of boats entered in her class (i.e. finished 1st out of 10 boats racing,  $1/10=.1$ ). These scores are added together to make the overall score, with the lowest score being the winner. There are no throwouts for the overall trophy.

**14. PRIZES**

14.1 Prizes for each evening will be awarded at SCCYC as soon as possible after racing. The number of boats competing that evening will determine the number of prizes awarded.

14.2 Prizes for the series will be awarded on the last evening, Thursday, August 25<sup>th</sup>. Prizes will include a perpetual trophy for each class, and an overall winner.

**DISCLAIMER**

*Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. By participating in this event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.*