

# The BEACON

**C15s—COMING ON STRONG TO SCCYC**

3744  
ΑΑΓΕ

3627  
ΓΣΘΕ

260  
ΣΟΘ

**South Coast Corinthian Yacht Club**  
  
 Yachting Since 1932  
 The home of One Design Racing in MDR  
[www.sccyc.org](http://www.sccyc.org)

<b>LES STORRS</b> MARCH 27TH	<b>ONE DESIGN WEEKEND</b> JULY 24TH and 25TH	<b>OUTLOOK TROPHY</b> AUGUST 22TH
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**2008 AND 2009 YACHT CLUB OF THE YEAR**



The text below was written just before we started the war with the termites. In terms of mismanaged expectations the tenting of SCCYC ranks right up there with the WW II German invasion of Russia.

Well we lost a bunch of really long time members. Not that I am sorry to see them go, they ate without paying and left a mess everywhere and never got caught up on their dues. We really do not need members like these guys.

## The Termites are Gone!!!

My thanks to Rear Commodore Karyn Jones, Port Captain Robert Syner and Treasurer Jim Doherty, and House Chair Lee Casey for working together to get this accomplished. It was a lot of work and took a lot of coordination, in particular because the original tenting date had to be pushed back two days due to bad weather.

So with the termites gone and opening days coming up in six weeks we will be doing a lot of cleaning and fixing up.

If the tenting does not come off as re-re-planned on February 1st, Paul and Yoshie have promised to provide instructions in the ancient art of seppuku.

Your Editor and Commodore  
Bruce



## House Chair

Interview with member and very active board member Lee Casey.

Ed: How long have you been sailing?

Lee: Nearly just over 4 years.

Ed: Tell me about your first sailing experiences, did all go smoothly?

Lee: yes, it did go well, I had more problems with the engine than the sails. I learnt with a group and we still sail together, we all met at the Sailing Fundamental class hosted by the Coast Guard Auxiliary (great if you are new to sailing) A little brief bio, not sure if that is more interesting, it's hard to get a silk purse out of a sow's ear!!

I came to the States 10 years ago having spent most of my adult life in Hong Kong. I'm a life long member of The Royal Hong Kong Yacht Club. In HK I had a motor boat and went out most weekends on motorized junks which were 3 stories high (not sure of the correct term here). I used to exercise in Chase park and on an impulse saw a sail boat for sale and bought it. For the 1st 6 months I just sat on it and admired the other boats and sunsets, then one day I woke up and thought I too could be out on the ocean. I joined the the Coast Guard Auxiliary class at the Del Rey Yacht Club and it changed my life. The hardest thing was remembering all the names of everything. I have done a little racing, I attended a class and then was taken under the wing of Don Hedges for a short while, who was a great teacher, but unfortunately I had to dedicate more time to work and wasn't able to continue that.....

Ed: This is great, one follow up question, what did you do to become a lifetime member of Hong Kong YC?

Lee: Unfortunately just had to pay a fee. Life Time Member is one of their membership options, If you like you can decide to pay in one lump sum, I did, so now I am a life time member.

Ed: Did you notice our Hong Kong YC burgee, it is really old and faded.

Lee: Is it that faded one? I will have to get a newer version for the club.

Ed: Thanks lee, and thanks for volunteering to be House Chair and thanks for all the work you are doing to keep the club in shape.

# Recognition

Thanking people for the contribution they make to the club is a very dangerous activity. Dangerous because of the feeling that may be hurt by missing someone.

So let me beg your forgiveness now, sorry if I missed your valuable service to the club.

I hope you will accept my apology and join me in congratulating those I did remember.

Paul May and Mike Quigley for recovering after the unexpected loss of the modem and router.

Nik Vale for filling in as Web Master.

Alex and Lee for painting the kitchen. This was huge, and I cannot believe I do not have any good pictures.

John Richardson for stepping up to do the artistic design for our race fliers.

Lee Casey for double bagging all the stuff in the club prior to the tenting. (more than once)

Mike Cheda for helping Lee put stuff back after the painting.

Everyone that showed up for their OD duty.

Jim D. and Lee (again) for filling in as Bar Managers

# Admendment

In the January Beacon I neglected to mention that

**Mark Register** and **Rick Horner**  
were both honored as

**Cook of the Year** for 2009.

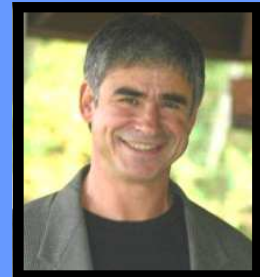


John and Nicole, First First Friday Dinner

Lee



Alex



White Kitchen





The club got a workout on Saturday, Jan. 30th. It started with a huge crowd from the SFVYC race, which had a record turnout. This picture is the early group, at the awards there were about 40 people. We had to un-bag almost all of the bar supplies.



About the time the racers left Paul, Yoshie and Rick started up their "Japanese Bar Food" event. Check out the shiny cabinets in the back ground.

The party got into high gear when Jerome's birthday party got rolling, sorry, I was having too much fun to get pictures other than the one of Gigi and me on the "membership" page and this one of Yoshie and Paul.



# Lido Stuff

Kelly Cantley and her Lido 14 crew, Kevin Thomas won one of the cooler awards for 2009.



## The never an ill word award

I can personally testify that sailing with Kelly is always a positive experience. I crewed for her late last year and we could not do anything right. B fleet boats starting 3 minutes behind us were passing us. I was starting to get weirded out, thinking it must be my fault. Kelly just kept smiling and remarking what fun it was to sail together. What ever the out come Kelly sees a bright side.

How much can I gush?

This is truly what South Coast Corinthian is all about.

This is the award someone from South Coast needs to win every year!

Great smile Kel, you should be proud.

Bruce

# Membership News



New applicant Scott McKinney, with spouse Krissy, and their owner Rudy. Your editor, Mike Cheda and SC John Thomas have all know Scot for more than 10 years. Scott used to own Bloodhound, the Santana 20 that William Elmer now owns. (For sale BTW). Scott is currently campaigning his laser, after having sold off his share of his Martin 242 to ex Commodore Monica Chaban.

New applicant Noah Farrell owns and races a Coronado 15. He is the owner and manager of his restaurant on Abbot Kinny called Noah (go figure).

Your editor sailed with Noah on a Farr 30 a couple of times and re-met him at the C15 class meeting a month or so ago.



# Spliced

New applicant GiGi Barbes, Gigi races on a Farr 30, a Lido 14 and other boats. That's Gigi on the right. No idea who the handsome guy on the left is. Looks a little like John Malkovich with a smile?

Jennifer Young and Ronald Judkins have gotten spliced.  
1/24/2010



# Don't Use The Rudder

Peter Beale

“Don’t use the rudder”. Conrad Brown, sailing coach for Olympic sailors, Finn and Star super sailor’s voice shot across the water through the “slap” of Kelly and Kevin’s mainsail as they efficiently roll tacked their Lido 14 in front of Gigi and me leaving clear the beautiful painted topsides of the motor yacht two boat lengths ahead and moored on the outer slip in the channel leading from the club house to Marina Del Rey’s main channel.

It all started because of Kelly. She had invited Conrad to compete in SCCYC’s single-handed race. Afterwards he was “volunteered” by Kelly to watch a Thursday night race and give pointers. His observations were focused and simplistic. We were all a mess. Soon afterwards we started seeing Kelly streaking away from the fleet and rumors abounded. She had a new David Carroll super centerboard, she had had a Papadopoulos rudder (turned out to be true), and the bottom of the boat had been faired and finished with a new paint. Eventually the dominant rumor was that she had had coaching sessions. It took time to track her down and to get her reluctant confirmation. If you cannot beat them, join them!

Strange, even though most sports have coaches, tennis, golf, soccer etc., sailing does not normally employ them. I had developed my “style” of sailing over 53 years, never had a lesson, was normally in the top half of the club fleet and had struggled to the bottom half of the Lido A fleet and had never thought of having a coaching session. In fact it seemed “ungentlemanly”!

However, now seeing too much of Kelly’s transom I thought it was worth a try. A call to Conrad established that besides modest fees he preferred two consecutive days, (but does do one day sessions) and up to 3 student boats and a coach boat. Near to the

scheduled event came another long lists of dos and don’ts including being fit, getting to bed early and being focused on learning and not winning. All important points, especially when on the water for hours short tacking to the command of his whistle.

The allotted Saturday arrived. We had spent 3 hours being lecture and were completely confused and intimidated by the new techniques being instructed.

The boats had been launched from the club’s crane and Conrad had pointed out where a number of rigging and setup changes would help. Now we were on the water, short tacking in the narrow side channel out to the main channel of the Marina Del Rey.



The topsides of the power-boat seemed to accelerate towards us and, more out of panic than control, we heavily leaned the boat to leeward and amazingly the boat tacked its self. No use of rudder. By leaning the boat to leeward first we found that it is easy to roll the boat to windward and then up-

right again. As the boat came upright we accelerated, with a happy gurgling noise, out of the roll and after Kelly.

I looked over my shoulder and Charles and Joanna (3<sup>rd</sup> boat) were completing their tack, with what seemed to be more control than us, and the principles of the first lesson were learnt; you do not need to use the rudder for most maneuvers. Doing it time and time again, as Conrad had us do over the two days, and doing it smoothly, was another issue.

**Peter’s Liso is named  
Pulce? Any ideas?  
Please turn to next page**



# Don't Use The Rudder Cont'

The basic principle, of what we spent two days learning and trying to practice, is that the top sailors dissect every maneuver in detail including down to precise hand and foot movements. We started with the basics. Tacking, jibing, sailing to windward, sailing down wind, buoy rounding and starting. The emphasis was on doing every maneuver steering with weight changes rather than the using rudder and to ensure exit speed out of every maneuver. Conrad explained that while the rudder can steer the boat it also acts as a break.

I was shocked to find that I was doing nearly everything opposite to the recommended way. One thing is to start to understand the new principles, the other is to overcome 53 years of hand/movement coordination and change it all.

Both training days started with a lecture on the basic principles. Then 4 hours on the water doing all the maneuvers in quick time, figure 8s around buoys close together, tacking and jibing in quick time, multiple starts with quick acceleration exercises and mini races to check on the progress. The Lido 14 was not originally designed for racing and is not crew friendly so Joanna, Kevin and Gigi ended up with bruised legs and exhaustion. At the end of each day Conrad showed us the video he recorded of our attempts at the maneuvers. This was shocking to see how clumsy we are with the exception of Charles who established a great windward mark jibe that was elegant in its simplicity.

We are all looking forward to practicing the new maneuvers and realize that without practice they results will probably be more of a negative than positive. A number of club members sat in our second video review session and commented on how helpful it was in understanding the basic maneuvers to watch both our failed and successful attempts. .

It was amazing how well framed the video was enabling one to see the real problems we were giving ourselves, and how Conrad held the camera steady

while maneuvering the coach boat in tight quarters, blowing whistles, shouting instructions and, occasionally, a "well done".

We highly recommend the coaching process and recommend that everyone try to have a session. There is a John Papadopoulos B Fleet training session being offered on June 20<sup>th</sup>, Conrad is going to come to one of our Thursday night races to offer suggestions to us all and, while we do not pretend to be anywhere near

the knowledge of John and Conrad, the A fleet sailors are available to help anyone who asks for it. We also have one of the Thursday night races dedicated to training where a B fleet sailor may ask to sail with an A skipper or have the skipper sail with them. The A fleet have agreed to watch and critique each other and test against each other, especially before the Thursday night races.

It is in all of our interest to improve the Club's overall racing standards, to make it more fun, to ensure competitive but safe and non-aggressive participation. To

quote Bruce our Commodore, "May all those you compete against be good losers"

Peter Beale  
January 22<sup>nd</sup> 2010<sup>PB</sup>

**Pulce  
Means Flea in Italian**



**SUNSTROKE  
SERIES**  
MAY 6 - AUG 26



DINGHY RACING  
EVERY THURSDAY  
EVENING AT 6PM  
IN THE  
MDR CHANNEL



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# O. D. SCHEDULE

Friday 1800 - 2200 Hrs (Year Round Hours)	Saturday 1200 - 1600 Hrs (Fall / Winter Hours)	Sunday 1200 - 1600 Hrs (Fall / Winter Hours)
<b>February 2010</b>		
02/05 Mike Priest <i>First Friday</i>	02/06 Chris Zimmer	02/07 Tom Estlow
02/12 Chris Kitchen	02/13 Shari Landon	02/14 JT Alex
02/19 Peter Beale	02/20 Trish LaVay <i>Membership Dinner</i>	02/21 Brian Mason
02/26 Steve Arkle	02/27 Gary Magnuson	02/28 Karyn Jones
<b>March 2010</b>		
03/05 Jerome Sammarcelli <i>First Friday</i>	03/06 Paul Button	03/07 Sandy Clark <i>Lido Single Handed Race</i>
03/12 Sandy B.	03/13 <i>Opening Day</i>	03/14 <i>Opening Day</i>
03/19 Steve Mullen	03/20 Sherry Barone <i>Membership Dinner</i>	03/21 Michelle Shanks
03/26 Charlie Dimont	03/27 Geoff Downer <i>Les Storrs</i>	03/28 Mel Widawski

If you cannot fulfill your duty on your assigned date, please get a replacement and notify Karyn Jones (rearcommodore@sccyc.org) of your replacement. It is your responsibility to fulfill your duty or find a replacement; otherwise you may be assessed a donation of one arm or leg. **Reminder:** Please fill out the OD logbook, as it may be the only record that you fulfilled your duty.

## DINNERS AND EVENTS

2/5	<b>First Friday</b>	?	4/14	First Sunset Series	
2/8	Americas Cup	Fondue by Nicole	4/17	SFVYC April Fools	
2/13	SFVYC Spring tune up		4/17	<b>Membership Dinner</b>	?
2/20	<b>Membership Dinner</b>	Paul May	5/6	<b>First Sunstroke</b>	<b>Frist Starlight</b>
3/5	<b>First Friday</b>	?	5/7	<b>First Friday</b>	?
3/7	<b>Lido Single Handed</b>		5/15	<b>Membership Dinner</b>	?
3/13	Opening Day	SMWYC, CYC, DRYC	5/29	<b>Corinthian Cup</b>	
3/14	Opening Day	SCCYC, MVYC, PMYC	5/30	<b>Corinthian Cup</b>	
3/20	<b>Membership Dinner</b>	?	6/4	<b>First Friday</b>	?
3/20	Tracey and Rob Party		6/19	SFVYC Trans Bay	
3/27	<b>Les Storrs</b>		6/19	<b>Lido Single Handed</b>	
4/2	<b>First Friday</b>	?	6/19	<b>Membership Dinner</b>	?
4/3	<b>Lido Invitational</b>		7/17	<b>Membership Dinner</b>	?
4/9 - 4/11	Spring Cruise		7/23 - 7/25	<b>C15 NA and ODWE</b>	
4/11	Opening Day	KHYC, RBYC, PRYC			